



## **CITY CHASE IS “THE WORLD’S LARGEST URBAN ADVENTURE SERIES”**

First there was the fun run. Then when people got the running bug, along came the 10k followed the half marathon. And for the really keen, a full marathon.

But that got a bit boring, so they adding swimming and cycling and the triathlon was born.

But now, largely because of reality television and programs like The Amazing Race, people are again looking for something different.

And it’s called City Chase

### **WHAT IS CITY CHASE**

City Chase is a unique urban adventure that requires teams of two to exhibit teamwork, resourcefulness, determination and the ability to make decisions on the fly as they search for ChasePoint challenges scattered in unknown locations throughout the city. Focusing more on the journey than the destination, participants will learn about their city, their teammate, and themselves as they enjoy a full day of Laughter, Adventure and Discovery through an original urban race experience!!

### **HOW IT WORKS**

The event starts with teams of two receiving a clue sheet detailing a variety of physical, intellectual and humorous challenges, designed to push comfort zones. Located throughout the city, these ChasePoint challenges will test Mind, Body and Spirit. To conquer this 4-6 hour urban event, 2-person teams will run, walk and use public transport to navigate their way throughout city, while calling family and friends for help, accessing the Internet, and even employing assistance of total strangers. The first team to complete the required ChasePoints and cross the finish line wins!! Each winning team will represent their city at World Championship.

### **WHAT YOU GET!**

Every team who enters the Volvo City Chase has signed up for 6 hours of Laughter, Adventure and Discovery!

Teams have the opportunity to participate in up to 20 ChasePoint activities. As part of the challenge, teams will have to decipher a cryptic clue sheet to discover the location of each activity on the run! And for this reason



ChasePoints are not fully revealed until the day of the event. In previous years, Sydney competitors have experienced a variety of activities including;

- A stop at Luna Park for some Carnival fun!
- Eating all kinds of weird and wonderful things!
- Lawn Bowls with a twist!
- Underwater obstacle courses
- A trip to Minus 5 bar
- Circus bungee trampoline
- Pole Dancing in Jackson's on George
- Karaoke in a renowned China Town venue!
- A visit to the Prime Ministers House
- Bootcamp in Centennial Park
- Boxing circus in a PCYC
- Quizzes, questionnaires and puzzles
- And more!!!!





As well as the opportunity to complete these amazing activities teams also receive:

- A City Chase t-shirt (per person)
- Team packs – including all sorts of hints, equipment and sponsor gifts.
- AfterParty with complimentary entry beer and food at the completion of the race!
- The chance to win some great prizes such as phones, clothing vouchers, magazine subscriptions and more!
- The winner of the 2008 Volvo City Chase in Sydney will also be in the running to represent Australia in the World Final with up to 15 other countries!

Entering a City Chase event also gives you the opportunity to raise money for the Sydney Children's Hospital, the official charity of the Volvo City Chase. Once registered teams can create a personalized website where friends and family can donate securely – adding to your teams target!

[http://www.everydayhero.com.au/event/City\\_Chase](http://www.everydayhero.com.au/event/City_Chase)

Check out the current top fundraisers now!

Participating in a Volvo City Chase will be an adventure of a life time; the teams from the 2007 Volvo City Chase rated it as per the graph below!

